



Geagte HJS Matriek-ouer

Ons is baie bly dat die matrieks weer kan terugkeer skool toe. Die volgende inligting is ter sake:

1. Matrieks woon skool by in volle skooldrag, met voorkoms volgens HJS se algemene reëls. Matrieks moet dus self sorg dat hulle ordentlik geskeer is en hul hare kort en netjies is volgens HJS-standaarde
2. Daar sal middagklasse aangebied word volgens die ingeslote rooster (Addendum A). Die snoepie sal oop wees om middagetes teen billike bedrae aan die seuns te voorsien.
3. Die koshuismatrieks moet op Sondag 31 Mei 2020 terugkeer, verkieslik tussen 17:00 en 18:00. Die koshuisvaders sal elkeen buite hul koshuis wag met 'n skandeerder om almal wat die terrein betree se temperatuur te neem. Indien u nie binne hierdie tydsafbakening by die koshuis kan arriveer nie, moet u asseblief die toepaslike reëlings met u koshuisvader tref. Moet asseblief nie buitenstyds bloot by die koshuis opdaag en die terrein betree nie. U sou deur so 'n ondeurdatte daad honderde mense se lewens in gevaar stel.
4. Ingeslote is 'n kort vraelys (Addendum C) wat elke ouer van 'n matriekseun moet invul en teen 13:00 op Woensdag 27 Mei 2020 aan die skool moet terugbesorg (ontvangs@paarlboyshigh.org.za), NADAT U ADDENDUM B, DIE LYS VAN ONDERLIGGENDE SIEKTES, SORGVULDIG DEURGELEES HET.
5. Indien u seun, na die beste van u wete, 'n hoë koors manifesteer en aan verdere siftingsvrae (soos u dit aan die einde van Addendum B sal vind) beantwoord, moet u hom asseblief nie skool toe stuur nie, maar hom, sowel as almal in u onmiddellike omgewing wat met hom kontak gehad het, laat toets vir Covid-19 en die skool oor die uitslag inlig.
6. Indien u seun nie gesond genoeg is om terug te keer skool toe nie, moet u 'n bevestigende brief van 'n erkende medikus aan die skool besorg. Indien dit u wens is om u seun by die huis te hou, ten spyte van die feit dat hy gesond mag wees, moet u u seun uit die HJS deregistreer (uittteken) en uself so spoedig moontlik laat registreer as 'n aanbieder van tuisonderrig. Indien u hiermee in gebreke bly, sal u seun in elk geval na 'n sekere tydsverloop outomaties gederegistreer word.

Ek en die personeel sien daarna uit om die wa saam met u deur die 2020-drif te trek.

Beste wense

Derek Swart



Dear PBHS Matric parent

We are very happy to have the matrics return to school. Please note the following important information:

1. Matrics must attend school in full school uniform, with appearance according to general PBHS rules. Matrics therefore need to ensure that they are properly shaved and that their hair is short, neat and according to PBHS standards. If your son really can't get to a hairdresser, his hair will be cut on the school grounds at R150 per haircut.
2. Afternoon classes will be offered according to the enclosed timetable (Addendum A). The tuck shop will be open to provide lunch to the boys at reasonable prices.
3. The hostel matrics need to return on Sunday evening 31 May 2020, preferably between 17:00 and 18:00. The housemasters will each wait outside their residence with a scanner to take the temperature of everyone entering the site. If you cannot arrive at the residence within this time limit, please make the appropriate arrangements with your housemaster. Please do not merely pitch at the hostel outside these time frames and simply enter the grounds. You would endanger the lives of hundreds of people through such an irresponsible act.
4. Enclosed is a short questionnaire (Addendum C) which each parent of a matric boy must complete and return to school by 13:00 on Wednesday 27 May 2020 (ontvangs@paarlboyshigh.org.za), AFTER CAREFULLY READING ADDENDUM B, THE LIST OF COMORBIDITIES.
5. If, to the best of your knowledge, your son manifests a high fever and answers positively to the screening questions (as given at the end of Addendum B), please do not send him to school, but have him, as well as anyone in your immediate vicinity who had contact with him, tested for Covid-19, and inform the school of the result.
6. If your son is not healthy enough to return to school, you need to send a confirming letter from a recognized medical practitioner to the school. If it is your wish to keep your son at home, despite the fact that he may be healthy, you must deregister (unsubscribe) your son from the PBHS and register as a homeschooling provider as soon as possible. If you fail to do so, your son will automatically be deregistered after a certain period of time.

The staff and I are looking forward to working with you through this uncertain period.

Best wishes

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Derek Swart

ADDENDUM A: HJS Post-grendelfase- akademiese middagrooster. **HIERDIE IS VERPLIGTE SESSIES.**

PBHS Post-lockdown academic afternoon timetable. **THESE CLASSES ARE COMPULSORY.**

<b>GR. 12 – MIDDAGSESSIES / AFTERNOON SESSIONS</b>			
<b>DATUM</b>		<b>VAK</b>	<b>TYD</b>
<b>MA. / MON.</b>	01/06	LO	14:45–16:15
<b>DI. / TUES.</b>	02/06	REK. / ACC.	14:45–16:15
<b>WO. / WED.</b>	03/06	WISK. / MATH.	14:45–16:15
<b>DO. / THU.</b>	04/06	FIS. WET. / PHYS. SC.	14:45–16:15
<b>SA. / SAT.</b>	06/06	IGO - PAT / EGD - PAT	08:00–12:30
<b>MA. / MON.</b>	08/06	RTT / CAT	14:45–16:15
<b>DI. / TUES.</b>	09/06	LEWENSWET. / LIFE SC.	14:45–16:15
<b>WO. / WED.</b>	10/06	ENG. HL	14:45–16:15
<b>DO. / THU.</b>	11/06	GESK. / HIST. LANDB. WET. / AGRIC. SC.	14:45–16:15
<b>WO. / WED.</b>	17/06	GEOGRAFIE / GEOGRAPHY	14:45–16:15
<b>DO. / THU.</b>	18/06	IGO / EGD	14:45–16:15
<b>MA. / MON.</b>	22/06	AFR.	14:45–16:15
<b>DI. / TUES.</b>	23/06	REK. / ACC.	14:45–16:15
<b>WO. / WED.</b>	24/06	WISK. / MATH.	14:45–16:15
<b>DO. / THU.</b>	25/06	FIS. WET. / PHYS. SC.	14:45–16:15
<b>SA. / SAT.</b>	27/06	IGO - PAT / EGD - PAT	08:00–12:30
<b>MA. / MON.</b>	29/06	RTT / CAT	14:45–16:15
<b>DI. / TUES.</b>	30/06	LEWENSWET. / LIFE SC.	14:45–16:15
<b>WO. / WED.</b>	01/07	ENG. HL	14:45–16:15
<b>DO. / THU.</b>	02/07	GESK. / HIST. LANDB. WET. / AGRIC. SC.	14:45–16:15
<b>MA. / MON.</b>	06/07	GEOGRAFIE / GEOGRAPHY	14: 45–16:15
<b>DI. / TUES.</b>	07/07	IGO / EGD	14: 45–16:15
<b>WO. / WED.</b>	08/07	AFR.	14: 45–16:15

## Addendum B



### RISK FACTORS FOR SEVERE COVID-19: 'COMORBIDITIES':

The list of Comorbidities, Risk Factors and Definitions are:

Risk Factor	Detail	Definition
Age	People 60 years and older with comorbidities	Aged 60 years or older with one or more disorders or conditions.
People of all ages with the following underlying medical conditions, particularly if not well controlled:		
Cardiovascular disease	Moderate/ Severe hypertension	Moderate hypertension: systolic BP 160-179 mmHg and/or diastolic BP 100-109 mmHg.  Severe hypertension: systolic BP $\geq 180$ mmHg and/or diastolic BP $\geq 110$ mmHg.
	Congestive cardiac failure or other serious cardiovascular disease	Confirmed clinical diagnosis of congestive cardiac failure or other serious cardiovascular disease
	Cerebrovascular disease, including stroke and transient ischaemic attack	Confirmed clinical diagnosis of cerebrovascular disease.
Respiratory disease	Pulmonary tuberculosis – untreated or in early treatment	People who have not completed the intensive phase or first two months of treatment in line with the National Department of Health's Standard Guidelines

Risk Factor	Detail	Definition
	Moderate to severe asthma	Asthma which requires treatment with high dose inhaled corticosteroids plus a second controller (and/or systemic corticosteroids) to prevent it from becoming 'uncontrolled' or which remains 'uncontrolled' despite this therapy.
	Chronic obstructive pulmonary disease (COPD)	Confirmed clinical diagnosis of COPD
	Other severe chronic lung pathology, including cystic fibrosis and bronchiectasis	Confirmed clinical diagnosis – irrespective of severity.
Kidney disease	Chronic kidney disease	eGFR < 45
Pregnancy	Third trimester pregnancy	Estimated to be further than week 27 of pregnancy
Immunosuppression	Poorly controlled type II Diabetes Mellitus	HBA1c ≥7,5% within last 6 months
	Cancer undergoing active treatment	Currently undergoing chemotherapy and/or radiotherapy
	Human immunodeficiency virus with advanced immunosuppression	HIV positive persons with CD4 count <200 cells/mm <sup>3</sup> who are ART-naïve or who initiated ART within last 3 months
	Chronic immunosuppressant use	Chronic use of corticosteroids of >20 mg prednisone per day or equivalent, methotrexate, biologicals or other immunosuppressant's.

Risk Factor	Detail	Definition
	Transplant	On chronic immunosuppressants
Metabolic syndrome	Severe obesity	Body mass index (MBI) of 40 and higher

**Siftingsvrae / Screening questions:**

- Hoes u aanmekaar? / Do you have a perpetual cough?
- Het u 'n koors van 38 °C of hoër? / Do you have a fever of 38 °C or higher?
- Het u 'n seer keel? / Do you suffer from a sore throat?
- Is u kortasem? / Are you short of breath?
- Het u gedurende die laaste 14 dae direkte kontak gehad met iemand wat die koronavirus (Covid-19) onder lede het? / Did you have any direct contact with anyone afflicted with the coronavirus (Covid-19) during the past 14 days?

## Addendum C: Pre- terug-skool-toe-vraelys

Naam en van (ouer): .....

Naam en van (seun): .....

Seksie: .....

Koshuis (indien van toepassing): .....

Verskaf asseblief die name van (nie meer as 2 nie) en verwantskap (bv. oom, oupa) met die persone by wie u seun sal bly wanneer hy terugkeer skool toe, indien hy nie by u OF in die koshuis sal bly nie:

Persoon 1: Naam: ..... Verwantskap: .....

Kontaknommer of e-pos: .....

Persoon 2: Naam: ..... Verwantskap: .....

Kontaknommer of e-pos: .....

Voltooi die volgende deur slegs JA of NEE in te vul:

	JA of NEE
Is u as ouer bo 60 jaar oud?	
Indien u seun privaat loseer is die gasouer ouer as 60jr?	
Het u enige onderliggende siektetoestand, soos gespesifiseer in Addendum B hier bo?	
Het u seun enige onderliggende siektetoestand, soos gespesifiseer in Addendum B hier bo?	

**E-pos na: [ontvangs@paarlboyshigh.org.za](mailto:ontvangs@paarlboyshigh.org.za)**

## Addendum C: Pre- back-to-school-questionnaire

Name and surname (parent): .....

Name and surname (son): ..... Section: .....

Hostel (if applicable): .....

Please provide the names of (not more than 2) and relationship to (e.g. uncle, grandfather) the persons with whom your son will be staying when he returns to school, if he is not going to stay with you OR in the hostel:

Person 1: Name: ..... Relationship: .....

Contact number or email: .....

Person 2: Name: ..... Relationship: .....

Contact number or email: .....

Complete the following with only a YES or NO:

	YES or NO
Are you as parent, older than 60?	
If your son resides with a guest parent, is the guest parent older than 60?	
Do you have any comorbid condition, as specified in Addendum B above?	
Does your son have any comorbid condition, as specified in Addendum B above?	